

For Police / Traffic Police during Corona lockdown

- Protect yourself from exposure. Try to maintain a distance of at least 1 metre from other persons, particularly those exhibiting the above symptoms. Practice proper hand hygiene and do NOT touch your face with unwashed hands.
- Do not touch the documents you are checking.
- Stop the people at a distance from you.
- Always wear face masks and dispose them off safely, periodically / or use hand sanitizers.
- Wear protective gear when posted near hospitals/quarantine facilities.
- Recognize the signs and symptoms of COVID-19. The symptoms may include fever, cough, and shortness of breath. Symptoms after exposure can appear in as few as 2 days or as long as 14 days.
- Follow standard procedures for containing and laundering uniforms.
- After duty when you go home, wash your used cloths thoroughly.
