

## **What should you do if your neighbour gets infected of Covid-19?**

- Do not visit each other's houses; encourage everyone to maintain Social Distancing;
- Keep a check on each other's well-being by talking over phone or messenger applications;
- In case someone reports symptoms –
  - Be compassionate; do not panic;
  - Have compassionate dialogue with the family; Assure them of help and attend to necessary assistance without physical contact and while maintaining Social Distancing;
  - Do not stigmatise the family - as it can happen to anybody and in any case, 98% of the people do get cured.
  - Encourage the person / family to call the local Covid-19 Helpline or the National Helpline - 11-23978046;
  - Call the helpline in case the neighbour is unable to or refuses to call themselves;
  - Inform the local housing society or Resident Welfare Association, if any;
  - Advise the patient to be in isolation from other members of the family;
  - Encourage the Patient or family to follow the Home Quarantine Guidelines of Ministry of Health, Government of India;
  - Inform and encourage the families living next door to also Home Quarantine themselves and keep a check on any symptoms of Covid-19.

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